Change in Culture

An Overview of the 2023 IDSA Guidelines on Antimicrobial Resistant Gram-Negative Infections

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Objectives for Pharmacists & Nurses

1. Recall the importance of antimicrobial resistance among Gram-negative organisms

2. Identify mechanisms of resistance, recommendations for treatment, and their rationale for highly resistant Gram-negative organisms

3. Recognize an appropriate antimicrobial regimen based on resistance patterns of a Gram-negative organism

Abbreviations

- Antimicrobial susceptibility testing (AST)
- Carbapenem resistant Enterobacterales (CRE)
- Carbapenem-resistant Acinetobacter baumanii (CRAB)
- Extended spectrum beta-lactamase-producing Enterobacterales (ESBL-E)
- Extended spectrum beta-lactamase (ESBL)
- Multi-drug resistant organism (MDRO)
- *Pseudomonas aeruginosa* with difficult-to-treat resistance (DTR-P)
- Sulfamethoxazole-trimethoprim (SMX/TMP)

Lecture Focus

- 1. Extended-spectrum beta-lactamaseproducing Enterobacterales (ESBL-E)
- Carbapenem-resistant Enterobacterales (CRE)
- *3. Pseudomonas aeruginosa* with difficult-totreat resistance (DTR-P)
- 4. Carbapenem-resistant *Acinetobacter baumannii* (CRAB)

Epidemiology of Antimicrobial Resistant Gram-Negative Infections

- Antimicrobial resistance is a global crisis, and it is estimated that 1.3 million deaths were directly attributed to antimicrobial resistant pathogens in 2019
- According to the Centers for Disease Control (CDC), 2.8 million infections were caused by antimicrobial infections, resulting in more than 35,000 deaths between 2012 and 2017 in the United states

Empiric Antimicrobial Therapy Considerations

- 1. Previous organisms identified from the patient and associated AST data in the last 12 months
- 2. Antibiotic exposure within the past 30 days
- 3. Local AST patterns for the most likely pathogens
- 4. Distinction between bacterial colonization and active infection

Antimicrobial Classes: β-Lactams

Novel beta-lactams	Traditional Carbapenems	Other Beta-Lactams	
Ceftazidime-avibactam	Ertapenem	Ampicillin-sulbactam	
Ceftolozane-tazobactam	Imipenem-cilastatin	Piperacillin-tazobactam	
Cefiderocol	Meropenem		
Imipenem-cliastatin- relebactam			
Meropenem-vaborbactam			

Antimicrobial Classes: Non-β-Lactams

Aminoglycosides	Fluoroquinolones	Sulfonamide	Nitrofuran	Phosphonic
Amikacin	Ciprofloxacin	SMX/TMP	Nitrofurantoin	Fosfomycin
Gentamicin	Levofloxacin			
Tobramycin				
Plazomicin				

Ambler Classification of β-Lactamases

Туре	Class	Hydrolysis Activity	Examples	Common Orgamisms
Narrow Spectrum	А	Penicillin	Staphylococcal penicillinase; TEM; SHV-1	K. pneumoniae
ESBL	А	Narrow and extended spectrum β-lactams	CTX-M; SHV-2; PER-1, SME-1	E. coli, K. pneumoniae, Enterobacter spp., Proteus spp., Serratia spp.
Serine carbapenemases	А	Carbapenems	KPC; IMI; SME-2	E. cloacae, K. pneumoniae, S. marcescens
Metallo-beta- lactamases	В	Carbapenems	VIM; IMP; NDM	E. coli, K. pneumoniae, S. marcescens
OXA-type enzymes	D	Oxacillin, oxyimino β-	OXA	E. coli, K. pneumoniae, K.
Cephalosporinases	С	Cephamycins and oxyimino β-lactams	AmpC; P-99; ACT-1; CMY-2; FOX	E. cloacae, K. aerogenes, C. freundii, S. marcescens, P. stuarii

Extended Spectrum β-Lactamase Producing Enterobacterales (ESBL-E)

ESBL Mechanism of Resistance



Туре	Class	Hydrolysis Activity	Examples	Common Organisms
Narrow Spectrum	А	Penicillin	Staphylococcal penicillinase; TEM; SHV-1	K. pneumoniae
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OXA-type enzymes	D	Oxacillin, oxyimino β- lactams, carbapenems	OXA	E. coli, K. pneumoniae, K. oxytoca, A. baumannii

ESBL-E Introduction

Incidence of ESBL-E infections has increased 53% between 2012 and 2017

ESBLs are active against most penicillins, cephalosporins, and aztreonam

NOT active against non-beta-lactam agents like fluroquinolones, SMX/TMP, or aminoglycosides

Organisms Associated with ESBL Production

- Any Gram-negative organism has the potential to produce ESBLs
- Most common ESBL producing organisms
 - E. coli
 - K. pneumoniae
 - K. oxytoca
 - P. mirabilis

Uncomplicated Cystitis Caused by ESBL-E

Uncomplicated ESBL Cystitis Treatment

If an antibiotic not active against the causative organism was administered empirically, but patient has clinical improvement, there is no need to change antibiotic or extend treatment duration

Uncomplicated ESBL Cystitis Treatment

Preferred

- Nitrofurantoin
- SMX/TMP

Alternative

- Fluoroquinolone
- Carbapenem
- Single dose aminoglycoside
- Fosfomycin (*E. coli only*)

Single Dose Aminoglycoside for UTI



Source: Goodlet KJ. Single Dose Aminoglycosides for UTI. Antimicrob Agents Chemother. 2018

Limitations of Single Dose Aminoglycosides in UTI

- Old data → 1978-1991
- Large pediatric population (53%)
- Primary agent used not common in U.S.
- Lack of data in patients with renal impairment
- No report of number of ESBL isolates

Pyelonephritis and Complicated UTI (cUTI) Caused by ESBL-E

cUTI Definition Used by IDSA

- Refers to UTIs occurring in association with a structural or functional abnormality of the genitourinary tract
- Any UTI in an adolescent or adult male

Pyelonephritis and cUTI Treatment



- SMX-TMP
- Fluroquinolones

Preferred

(critically ill or concern for toxicity with preferred agents)

- Meropenem
- Imipenem
- Ertapenem*

Alternative

• Aminoglycosides

Source: Tamma PD et al. IDSA Treatment Guidance: Gram-negative Bacterial Infections. Infect Dis Soc of Am. 2023

Agents Not Suggested for ESBL Pyelonephritis and cUTI

Not Suggested

- Fosfomycin
- Nitrofurantoin
- Doxycycline

Fosfomycin for Prostatitis caused by ESBL-E

Karaiskos et al. (2019)

Study of 44 males with chronic bacterial prostatitis treated with oral fosfomycin 3g daily for 1 week, then 3g Q48 for 6-12 weeks



Source: Karaiskos I. Oral fosfomycin for the treatment of chronic bacterial prostatitis. J Antimicrob Chemother. 2019

Infections Outside of the Urinary Tract Caused by ESBL-E

Treatment of ESBL Infections Outside of the Urinary Tract

Preferred

- Meropenem
- Ertapenem
- Imipenem

Critically ill or hypoalbuminemia

- Meropenem
- Imipenem

New Extended-Spectrum β-Lactam Agents

- Newer novel agents like ceftazidime-avibactam, meropenemvaborbactam, imipenem-relebactam, and cefiderocol should be preferentially <u>reserved</u> for treating infections caused by organisms exhibiting carbapenem resistance
- The panel suggests against the use of ceftolozane-tazobactam for the due to the questionable efficacy of tazobactam in ESBL infections

Treatment of ESBL Infections Outside of the Urinary Tract: Oral Step-down Therapy

After appropriate clinical response is achieved, transitioning to oral SMX/TMP, ciprofloxacin, or levofloxacin should be considered, if susceptibility is demonstrated



Carbapenem Resistant Enterobacterales (CRE)

CRE Background

- Account for over 13,000 infections and 1000 deaths annually in the U.S.
- IDSA CRE definition

 Isolate displays resistance to meropenem or imipenem*, or isolates that produce carbapenemase enzymes

* Morganella spp., Proteus spp., and Providencia spp. not generally susceptible to imipenem

Source: Tamma PD et al. IDSA Treatment Guidance: Gram-negative Bacterial Infections. Infect Dis Soc of Am. 2023

Common Carbapenemases Produced by CRE

Туре	Class	Hydrolysis Activity	Examples	Common Organisms
Narrow Spectrum	А	Penicillin	Staphylococcal penicillinase; TEM; SHV-1	K. pneumoniae
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Treatment of CRE Infections

Treatment of Uncomplicated CRE Cystitis

Preferred

- Nitrofurantoin
- SMX-TMP
- Fluroquinolone

Alternative

- Single dose aminoglycoside
- Oral fosfomycin (*E. coli* only)
- Colistin
- Ceftazidime-avibactam
- Meropenem-vaborbactam
- Imipenem-relebactam
- Cefiderocol
Utility of Plazomicin in CRE Infections

Castanheira et al. (2018)



Source: Castanheira M. In Vitro Activity of Plazomicin against Gram-Negative and Gram-Positive Isolates .Antimicrob Agents Chemother 2018

Treatment of CRE cUTIs and Pyelonephritis



Novel Agents in CRE Cystitis

Insufficient data exists to make favor one novel agent over another

Most organisms isolated in the studies evaluating these newer agents in urinary tract infections were carbapenem susceptible

CRE Infections Outside the Urinary Tract with Unknown Carbapenemase Producing Status

Preferred

- Ceftazidime-avibactam
- Meropenem-vaborbactam
- Imipenem-relebactam

CRE isolated within last 12 months

- Ceftazidime-avibactam + aztreonam
- Cefiderocol monotherapy

CRE Infections Outside the Urinary Tract with Unknown Carbapenemase Producing Status

Alternative

(Infections not in bloodstream or urinary tract)

- Tigecycline
- Eravacycline

Advised Against

 Extended infusion carbapenem ± a second agent

Combination therapy in CRE Infections

Tumbarello et al. (2021)

Observational study compared the clinical outcomes of 165 patients receiving ceftazidimeavibactam and 412 patients receiving ceftazidime-avibactam plus a second agent for the treatment of KPC-producing infections

Results

30-day mortality approximately 25% in both arms

Source: Tumbarello M. Ceftazidime-avibactam use for KPC-Kp infections Clin Infect Dis. 2021

Enterobacterales Resistant to Ertapenem

For isolates that exhibit susceptibility to meropenem and imipenem, but are not susceptible to ertapenem and are not carbapenemase producing, the use of extendedinfusion meropenem or imipenem is suggested

CRE Infections Outside the Urinary Tract with Confirmed KPC Production

Preferred

- Meropenem-vaborbactam*
- Ceftazidime-avibactam
- Imipenem-relebactam

Alternative

- Cefiderocol
- Infection outside of urinary tract and blood stream
 - Tigecycline
 - Eravacycline

*slightly favored based on available data

Meropenem-Vaborbactam vs. Ceftazidime-Avibactam for CRE Infections



Source: Ackley et al. Meropenem-Vaborbactam v Ceftazidime-avibactam for Treatment of CRE Infections. Antimicrob Agents Chemother. 2020.

CRE Infections Outside the Urinary Tract with Confirmed NDM, IMP, or VIM Production

Preferred

- Ceftazidime-avibactam + aztreonam
- Cefiderocol

Alternative

(Infections not in bloodstream or urinary tract)

- Tigecycline
- Eravacycline

CRE Infections Outside the Urinary Tract with Confirmed OXA Production

Preferred

• Ceftazidime-avibactam

Alternative

- Cefiderocol
- Infection outside of urinary tract and blood stream
 - Tigecycline
 - Eravacycline

Carbapenemase Treatment Recap

	КРС	NDM/IMP/VIM	OXA
Ceftazidime-avibactam		+ aztreonam	
Imipenem-relebactam			
Meropenem-vaborbactam	Preferred		
Cefiderocol	Alternative		Alternative

Development of Antibiotic Resistance in CRE Infections

Ceftazidime-avibactam

• Resistance in KPC due to amino acid alterations in the carbapenemase enzyme

Meropenem-vaborbactam

• Resistance primarily driven by efflux pump alterations

Cefiderocol

- Mutations in TonB iron transport system
- AmpC amino acid mutations
- PBP3 alterations in NDM producing *E. coli*

Development of Antibiotic Resistance in CRE Infections

Resistance After Exposure

Resistance after exposure to ceftazidime-avibactam and meropenemavibactam estimated to be 10-20% and 3%, respectively

Pseudomonas aeruginosa with Difficult-to-Treat Resistance (DTR-P)

Difficult-to-Treat Definition

Non-susceptibility to:

Piperacillin-tazobactam

Ceftazidime

Cefepime

Aztreonam

Meropenem

Imipenem

Ciprofloxacin/ levofloxacin

Mechanisms of Resistance in DTR-P

Decreased expression of outer membrane porins (OprD)

Upregulation of efflux pumps (MexAB-OprM)

Mutations in penicillin-binding protein targets

Increased production of or amino acid substitutions within *Pseudomonas*-derived cephalosporinase (PDC) enzymes

Presence of expanded-spectrum β-lactamases (OXA-10)

Treatment of Uncomplicated DTR-P Cystitis

Preferred

- Ceftazidimeavibactam
- Ceftolozanetazobactam
- Imipenemrelebactam
- Cefiderocol

Alternative

 Single dose amikacin or tobramycin

• Colistin

Not Recommended

- Fosfomycin
- Polymyxin B

Treatment of DTR-P cUTI and Pyelonephritis

Preferred

- Ceftazidime-avibactam
- Ceftolozane-tazobactam
- Imipenem-relebactam
- Cefiderocol

Treatment of DTR-P Infections Outside of the Urinary Tract

Preferred

- Ceftazidime-avibactam
- Ceftolozane-tazobactam
- Imipenem-relebactam

Alternative

• Cefiderocol

Effectiveness of Novel Antimicrobials in Carbapenem-Resistant *P. aeruginosa*

Ceftolozane-tazobactam \rightarrow 76%

Ceftazidime-avibactam \rightarrow 74%

Imipenem-relebactam \rightarrow 69%

Comparison of the Novel Antimicrobials in DTR-P

- Ceftolozane is less impacted by PDC hydrolysis and porin loss than ceftazidime and does not rely on an inhibitor to restore susceptibility to an otherwise inactive β-lactam agent
- Avibactam and relebactam expand activity of ceftazidime and imipenem mainly through inhibition of PDC

Comparison of the Novel Antimicrobials in DTR-P

- Vaborbactam only marginally expands the activity of meropenem against DTR-*P. aeruginosa*
- Combining data from 1,500 carbapenem non-susceptible *P. aeruginosa* isolates in 8 surveillance studies, over 97% of isolates exhibited susceptibility to cefiderocol

Susceptibility to Traditional Beta-Lactam

- Some DTR-P isolates can demonstrate susceptibility to traditional βlactams like cefepime and piperacillin/tazobactam, but have resistance to carbapenems
- If repeat AST confirms susceptibility to traditional agents, the panel suggests high dose, extended-infusion of these agents
 - ie. Cefepime 2g every 8 hrs, infused over 3 hours

Relebactam Utility in DTR-P

Motsch et al. (2020)

24 patients infected with imipenem non-susceptible *P. aeruginosa* to receive either imipenem-cilastatin-relebactam or imipenem-cilastatin + colistin

Result

Favorable clinical response in 81% of patients receiving imipenem-cilastatinrelebactam compared to 63% receiving imipenem-cilastatin + colistin

Source: Motsch J el al. Comparing Efficacy and Safety of Imipenem/Relebactam vs Colistin Plus Imipenem in Patients With Imipenem-nonsusceptible Bacterial Infections *Clin Infect Dis.* 2020

Combination Therapy for DTR-Pa

- The panel does not suggest combination therapy in DTR-P
- However, addition of agents such as tobramycin, polymyxin, and colistin to recommended therapies may be reasonable until susceptibilities confirmed
- Nebulized antibiotics not recommended



Patients With Previously Treated for DTR-P Infections

For patients recently treated with ceftolozane-tazobactam or ceftazidime-avibactam, the panel suggests:

Imipenem-relebactam Cefiderocol

Carbapenem Resistant Acinetobacter baumanii (CRAB)

CRAB Background

- Commonly recovered from respiratory specimens or wounds, and often patients can be colonized with *A. baumannii*
- It is not always clear if an isolate is a colonizing organism or if CRAB represents a true pathogen
- High bacterial burdens are expected with CRAB infections due to almost universal delays in initiating effective therapy as common empiric antibiotic regimens are generally not active against CRAB
- Antibiotics that initially appear active against CRAB may rapidly develop resistance

CRAB Resistance Mechanisms



Common Carbapenemases Produced by CRAB

Туре	Class	Hydrolysis Activity	Examples	Common Organisms
Narrow Spectrum	A	Penicillin	Staphylococcal penicillinase; TEM; SHV-1	K. pneumoniae
ESBL	A	Narrow and extended spectrum β-lactams	CTX-M; SHV-2; PER-1, SME-1	E. coli, K. pneumoniae, Enterobacter spp., Proteus spp., Serratia spp.
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OXA-type enzymes	D	Oxacillin, oxyimino β- lactams, carbapenems	<u>OXA</u>	E. coli, K. pneumoniae, K. oxytoca, <u>A. baumannii</u>
Cephalosporinases	С	Cephamycins and oxyimino β-lactams	AmpC; P-99; ACT-1; CMY-2; FOX	E. cloacae, K. aerogenes, C. freundii, S. marcescens, P. stuarii

General Treatment of CRAB Infections

The use of high-dose ampicillin-sulbactam (total daily dose of 6-9 grams of the sulbactam component) in combination with at least one other agent is suggested for the treatment of CRAB infections

Sulbactam Therapy for CRAB Infections

- A meta-analysis published in 2017 included 23 observational studies or clinical trials and 2,118 patients with CRAB infections
- It identified sulbactam as having the greatest impact on reducing mortality when evaluating sulbactam-based, polymyxinbased, or tetracycline-based regimens

Sulbactam Therapy for CRAB Infections

- Another meta-analysis published in 2021 included 18 studies and 1,835 patients
- Found that ampicillin-sulbactam (total daily dose of at least 6 grams of the sulbactam component) in combination with a second agent was the most effective regimen to reduce mortality in critically ill patients infected with CRAB

Combination Therapy for Treatment of CRAB

Options for combination therapy with high dose ampicillin-sulbactam regimens (sulbactam 6-9g daily)

- Minocycline
- Tigecycline
- Polymyxin B
- Cefiderocol

Cefiderocol Therapy for CRAB Infections

- Cefiderocol is the only novel FDA-approved β-lactam agent with in vitro activity against CRAB isolates
- Estimated that 95% of CRAB isolates are susceptible to cefiderocol using the CLSI susceptibility criteria ≤4 µg/mL based on data from surveillance studies
Cefiderocol Therapy for CRAB Infections

- A clinical trial including 54 patients with CRAB infections identified mortality in 49% versus 18% in the cefiderocol versus alternative therapy arms
- Poor outcomes with cefiderocol were observed in patients with pneumonia and bloodstream infections

Source: Bassetti M et al. *E*fficacy and safety of cefiderocol or best available therapy for the treatment of serious infections caused by carbapenem- resistant Gram-negative bacteria. *Lancet Infect* Dis. 2021

Cefiderocol Therapy for CRAB Infections

- A second randomized trial specifically evaluating patients with pneumonia randomized to cefiderocol or high-dose extended-infusion meropenem
- Found no difference in clinical outcomes between the two treatment regimens, including among 36 patients with CRAB pneumonia

Cefiderocol Resistance

Study of 124 patients with CRAB infections received cefiderocol or colistin-based regimens \rightarrow 30-day mortality was 34% versus 56% in each arm, respectively

Recurrent CRAB infection was more likely in the cefiderocol arm \rightarrow 17% versus 7%

Among the 8 patients in the cefiderocol group who experienced a recurrent CRAB infection, 50% had subsequent isolates exhibiting resistance to cefiderocol

Source: Falcone M et al. Cefiderocol v Colistin-Based Regimens for the Treatment of Severe Infections Caused by CRAB. *Antimicrob Agents Chemother.* 2022

Agents Not Suggested for CRAB Infections

- Extended infusion meropenem or imipenem
- Rifamycins
- Nebulized antibiotics

New Antimicrobial Agents for CRAB Infections



Source: Kaye KS et al. Efficacy and safety of Sulbactam–Durlobactam versus Colistin for the treatment of patients with serious infections caused by Acinetobacter baumannii. *Lancet Infect Dis.* 2023

Beta-Lactam Utility in MDRO Infections

Antibiotic	ESBL	CRE	DTR-P	CRAB
Ampicillin-sulbactam	×	×	×	\checkmark
Ceftazidime-avibactam	×	\checkmark	\checkmark	×
Ceftolozane-tazobactam	×	×	\checkmark	×
Cefiderocol	×	\checkmark	\checkmark	\checkmark
Imipenem-relebactam	×	√/X	\checkmark	×
Meropenem-vaborbactam	×	√/X	×	×
Traditional Carbapenems	\checkmark	×	×	×

Non-Beta-Lactam Utility in MDRO Infections

Antibiotic	ESBL	CRE	DTR-P	CRAB
Fosfomycin	√*	√*	×	×
Fluroquinolones	\checkmark	\checkmark	×	×
Nitrofurantoin	\checkmark	\checkmark	×	×
SMX/TMP	\checkmark	\checkmark	×	×

Duration of Therapy

- Duration of therapy should not differ for infections caused by organisms with resistant phenotypes compared to infections caused by more susceptible phenotypes
- If AST results indicate a potentially inactive agent was initiated empirically, a change to an active regimen for a full treatment course dated from the start of active therapy is recommended

Duration of Therapy in cUTI

In cUTI where the source has been controlled (e.g. removal of a Foley catheter), it is reasonable to treat for durations used for uncomplicated cystitis

Transitioning to Oral Therapy

Transitioning to oral therapy should be considering when the following criteria are met:

- 1. Susceptibility to an appropriate oral agent is demonstrated
- 2. The patient is hemodynamically stable
- 3. Reasonable source control measures have occurred
- 4. Concerns about insufficient intestinal absorption are not present

Assessment #1

Antimicrobial resistance can have the following impact in treating Gramnegative infections

- a. Delay in starting appropriate antimicrobial therapy
- b. Worse clinical outcomes
- c. Increased resistance in subsequent infections
- d. All the above

Assessment #1

Antimicrobial resistance can have the following impact in treating Gramnegative infections

- a. Delay in starting appropriate antimicrobial therapy
- b. Worse clinical outcomes
- c. Increased resistance in subsequent infections

d. <u>All the above</u>

Assessment #2

Which of the following is the preferred antimicrobial agent for treatment of uncomplicated cystitis caused by ESBL-E (assuming no contraindications to any of the medications)?

- a. SMX-TMP
- b. Ciprofloxacin
- c. Levofloxacin
- d. Meropenem

Assessment #2: Correct Response

Which of the following is the preferred antimicrobial agent for treatment of uncomplicated cystitis caused by ESBL-E (assuming no contraindications to any of the medications)?

a. <u>SMX-TMP</u>

- b. Ciprofloxacin
- c. Levofloxacin
- d. Meropenem

Self-Assessment #3

What is the most common carbapenemase produced by CRAB?

- a. CTX-M
- b. OXA
- c. VIM
- d. NDM

Self-Assessment #3: Correct Response

What is the most common carbapenemase produced by CRAB?

- a. CTX-M
- b. <u>OXA</u>
- c. VIM
- d. NDM

Self-Assessment #4

Which of these agents is the treatment of choice for treatment of CRE that produces KPC?

- a. Cediferocol
- b. Meropenem-vaborbactam
- c. Tigecycline
- d. Imipenem-cilastatin-relebactam

Self-Assessment #4: Correct Response

Which of these agents is the treatment of choice for treatment of CRE that produces KPC?

- a. Cediferocol
- b. Meropenem-vaborbactam
- c. Tigecycline
- d. Imipenem-cilastatin-relebactam

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