Saint Barnabas Medical Center

DRUG ALLERGIES & CROSS-SENSITIVITIES

A Presentation for HealthTrust Members June 2, 2020



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Speaker & Preceptor Disclosures

The presenter and his preceptor have no real or perceived conflicts of interest related to this presentation.

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Learning Objectives

Pharmacists & Nurses:

Distinguish the different drug class allergies and their mechanism of action

Describe the most common drug allergies and characteristics of an allergic reaction

Recommend alternative treatment options based on the drug allergy profile while evaluating the potential risk for the patient

Learning Objectives

Pharmacy Technicians

Identify the characteristics of an allergic reaction and common drug allergies

Recognize the names of potentially inappropriate medications based on allergies and cross-sensitivities

Patient Case

□ JG is 62 YO female presenting to the ED with pain 9/10. Patient was ordered morphine 4 mg IV push. Pain was relieved, but a rash appeared on her face with some flushing. Patient is not complaining of any other symptoms or shortness of breath.

Is the patient experiencing a drug allergy?



Adverse Drug Reactions

A general term utilized to encompass any unwanted reaction to a medication and are broadly divided into Type A and B reactions

Type A

- Reactions occurring in most patients that are common and predictable
- Involves potential overdose, side effects and drug interactions

Type B

- Drug hypersensitivity that is relatively uncommon, rare and mostly unpredictable
- Involves intolerances, idiosyncrasy, pseudoallergy and drug allergies

Adverse Drug Reactions

A general term utilized to encompass any unwanted reaction to a medication and are broadly divided into Type A and B reactions

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Drug Allergies

□ Represents a type of adverse drug reaction

Encompasses a spectrum of immunologically-mediated hypersensitivities

 Symptoms are rare if *no prior exposure* to the drug is present
 A reaction after a first dose with no prior exposure is not an allergy



Sources: Gruchalla RS, et al. *N Engl J Med*. 2006;354:601-9 Zhang B, et al. *Pharmacology*. 2018;101(1-2):104-110

Pseudo-Allergic Reactions

 Involves a release of mediators from basophils and mast cells causing an inflammatory response without involvement of antigen-specific immune response

Clinically indistinguishable from a true allergic reaction

□ Commonly associated agents

Opioids, liposomal and micelle-solubilized drugs, and NSAIDs

Epidemiology

Incidence of drug hypersensitivity at 2-4 events per 1000 hospital admissions

- Cutaneous manifestations occur in 75-95% of cases upon clinical presentation in inpatient setting
- Antimicrobials were the most commonly causative drugs with betalactams particularly common culprits

□ Risk factors associated with drug hypersensitivities

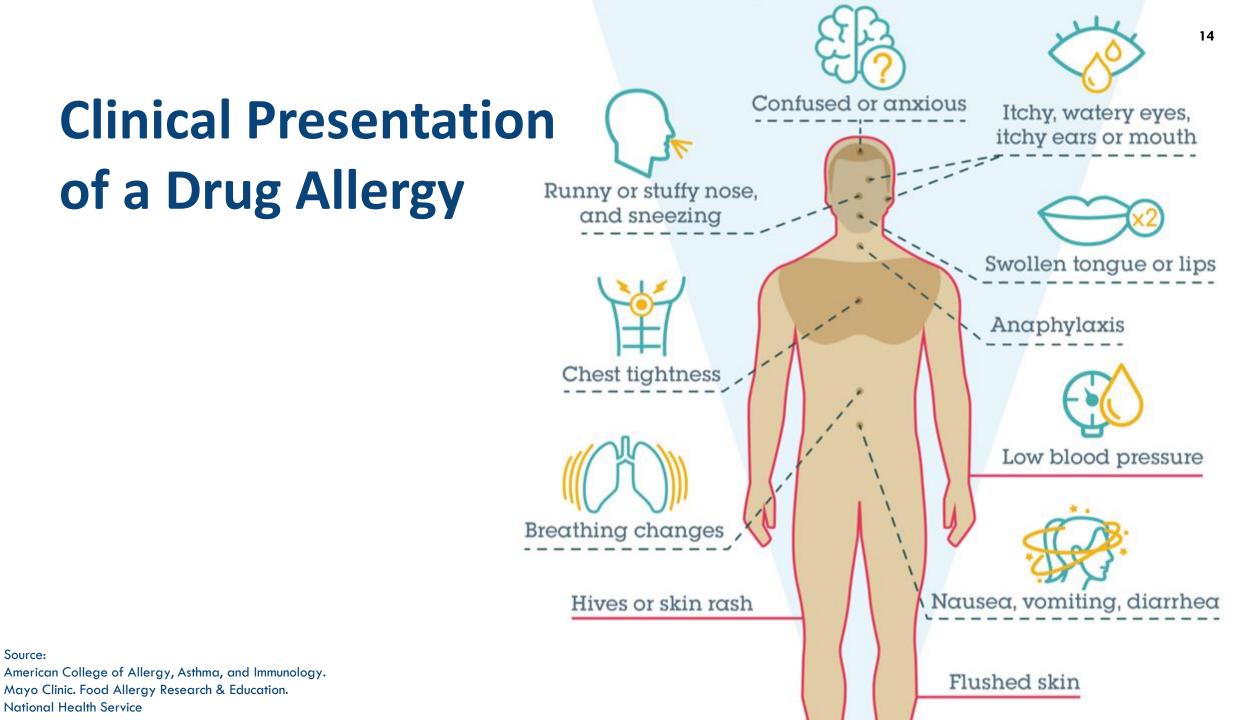
- Young/middle-aged adults > infants/elderly
- Female gender (2 : 1 female : male ratio)
- Concomitant infections (HIV, herpes)
- Concurrent illnesses
 - (systemic lupus erythematosus)
- Previous reaction to a drug



Multiple Drug Allergy Syndrome (MDAS)

□ Defined as an adverse reaction to ≥ 2 structurally unrelated drugs with an underlying immune-related mechanism

Underlying pathogenic mechanisms are unknown, but may represent a broad range of immunopathological responses



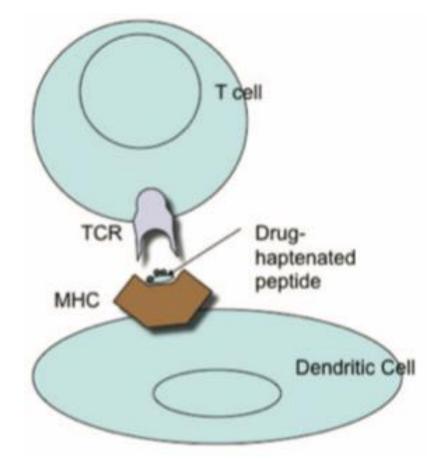
Pathogenesis

Characteristics of immunogenic drugs

- Protein-based agents
- High molecular weight (> 5,000 Daltons)

Route

Drug may elicit an immune response via
 Direct interaction with immune receptors
 Acting as an antigen directly or indirectly via a hapten form



MHc presentation of drug-haptenated peptide to the T cell receptor

Pathogenesis of Drug-Induced Reaction Types

Immediate Delayed Type III Type I Type II Type IV IgG-mediated IgG-mediated Delayed T-cell IgE-mediated cytotoxic cell Immune mediated destruction Complex Presents 2-7 May present Minutes to hours months after Variable onset 1-3 weeks after after exposure drug exposure exposure

Type I Reaction

- □ Immunoglobulin E (IgE) mediated
- Involves a drug, its metabolite or cross-reacting agent acting as a 'hapten'
- Sensitized patients with re-exposure can undergo rapid activation and release of anaphylactic mediators

Type I Reaction

 Vasoactive mediators are involved in the signs and symptoms of reactions

Histamine

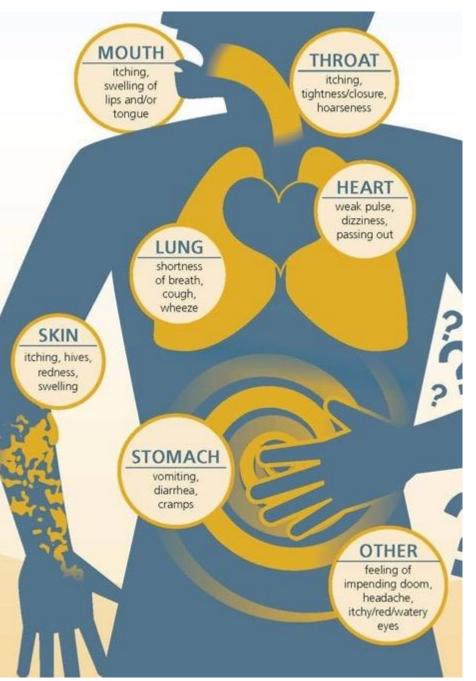
- Tachycardia, flushing, bronchospasms
- Tryptase

Sources:

- Produces hypotension, angioedema and clotting
- Prostaglandins

Solensky R, et al. Ann Allerg Asthma IM. 2010;105:273e1-e78 Anaphylaxis At a Glance. Allergy & Asthma Network. 2014

- Vasodilation, bronchoconstriction
- Platelet activating factor
 - Bronchoconstriction



Common symptoms associated with Type I Reaction

Type I Reaction

- Commonly associated drugs
 - Beta-lactams
 - Neuromuscular blocking agents
 - Quinolones
 - Platinum-containing agents

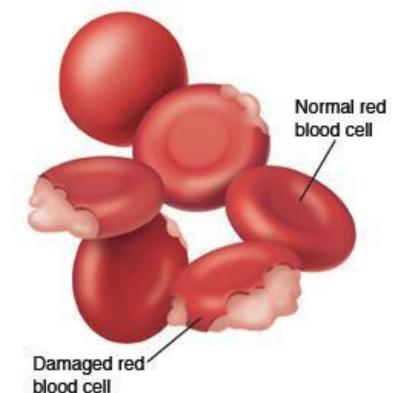




Source: Solensky R, et al. Ann Allerg Asthma IM. 2010;105:273e1-e78

Type II Reaction

- □ IgG- / IgM-mediated reactions
- Involves antibody-mediated cell destruction after the binding of the drug to intrinsic cell surfaces
- □ Examples
 - Penicillin leading to:
 - Hemolytic anemias, leukopenia, thrombocytopenia



Type III Reaction

 Involves antigen-antibody complexes with an activation of complement and release of lysosomal enzymes

- Results in fever, rheumatic features, rashes, inflammation and vasculitis
- Presents as serum sickness
 - Lymphocyte Immune Globulin
 - Antitoxins (tetanus IG)
 - Penicillins, Sulfonamides



Presentation of Serum Sickness

Type IV Reaction

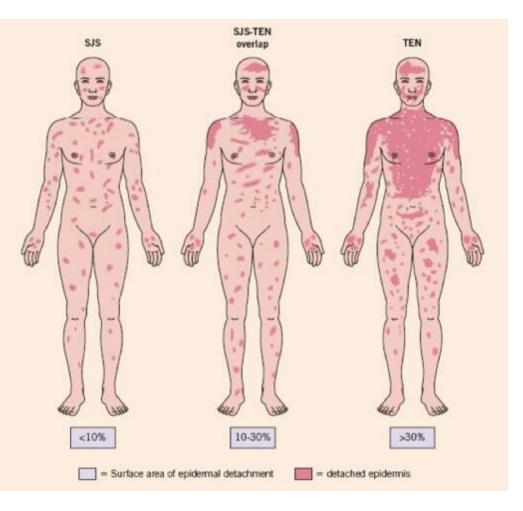
Reaction of CD4+ helper T-cells via recognition of a foreign antigen on an antigen presenting cell (APC) with no antibody involvement

□ Presents as a hypersensitivity in varying degrees:

- Allergic contact dermatitis
- Stevens-Johnson Syndrome (SJS) / Toxic Epidermal Necrolysis (TEN)
- Drug reaction with eosinophilia and systemic symptoms (DRESS)
- Drug-induced Hypersensitivity Syndrome (DiHS)

Stevens-Johnson Syndrome (SJS) / Toxic Epidermal Necrolysis (TEN)

- Recognized as a severe adverse
 cutaneous drug reaction involving skin
 and mucous membranes
- Potentially immune-mediated reaction to an antigenic drug-host tissue complex or an interaction with an immune system component (e.g. HLA-B*1502)



Sources: Bolognia and Bastuji-Garin S, et al. Arch Derm.1993;129:92 Harr T, et al. Orphanet J Rare Dis. 2010;5:39 Eginli A, et al. Ann Allergy Asthma Immunol. 2017;118:143-147

Spectrum of SJS / TEN

Associated high risk drugs

- Allopurinol
- Sulfonamide-antibiotics
- Beta-lactams (aminopenicillins, cephalosporins)
- Quinolones
- Antiepileptics (carbamazepine, phenytoin, phenobarbital)
- Oxicam-type NSAIDs (meloxicam)



Al is a 26 YO F who presents with shortness of breath, spreading skin rash and lightheadedness to the ED. She mentions a new medication started earlier today and taken an hour ago. What type of hypersensitivity reaction does the patient potentially have?

- A. Type I
- в. Type II
- c. Type III
- D. Type IV

Al is a 26 YO F who presents with shortness of breath, spreading skin rash and lightheadedness to the ED. She mentions a new medication started earlier today and taken an hour ago. What type of hypersensitivity reaction does the patient potentially have?

- A. Type I
- B. Type II
- c. Type III
- D. Type IV

BETA LACTAM ANTIBIOTICS

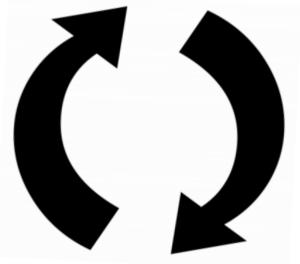
Beta-Lactam Antibiotics

- Penicillins
 - Thiazolidine Ring
- Cephalosporins
 - Dihydrothiazine Ring
- Carbapenems
 - Dihydropyrrole Ring
- Monobactams
 - No direct ring attachment

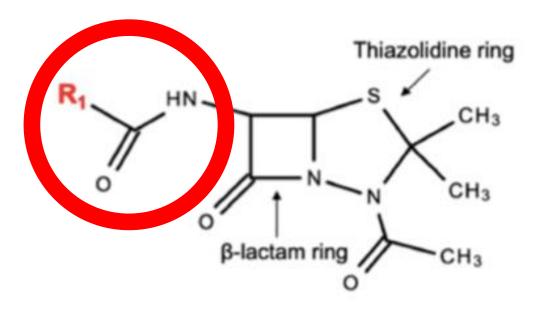
Cross Sensitivity

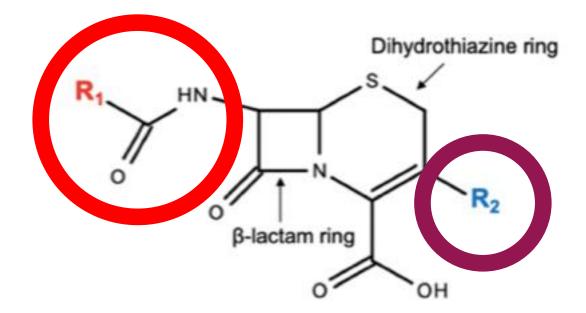
Agents with similar chemical structures can trigger an allergic reaction

Similarity of the chemical structure of the drug and drug-class in question is important



Beta-Lactam Antibiotics





Penicillin Core Structure

Cephalosporin Core Structure

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Source: Chaudhry SB, et al. Pharmacy(Basel). 2019;7(3):103

Penicillins

□ One of the most common drug reactions

General population reports up to 5-10% to penicillin

□ Studies conclude that 80-95% of patients do not have a true penicillin allergy

□ Immunogenicity arises from major and minor determinants

- Penicilloyl MAJOR
- Penicillate MINOR
- Benzyl penicillin MINOR

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Penicillins

Hypersensitivity Penicillin Skin Testing

- Negative predictive value > 97%
- Positive predictive value ~50%

Desensitization

- Establishes a temporary state of tolerance that may otherwise cause a hypersensitivity reaction
- Usually persists ≤ 48 hours after the last full dose of an antibiotic
- Involves incremental increases in doses to develop tolerance

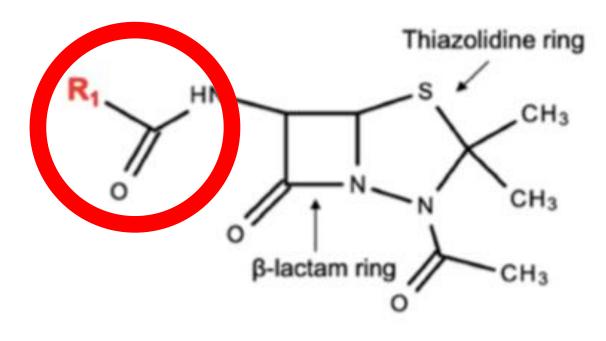
Terico AT, et al. Journal of Pharmacy Practice. 2014;27(6):530-544 Frumin J, Gallagher JC. Ann Pharmacother. 2009;43 Chastain DB, et al. Pharmacy (Basel). 2019;7(3):112

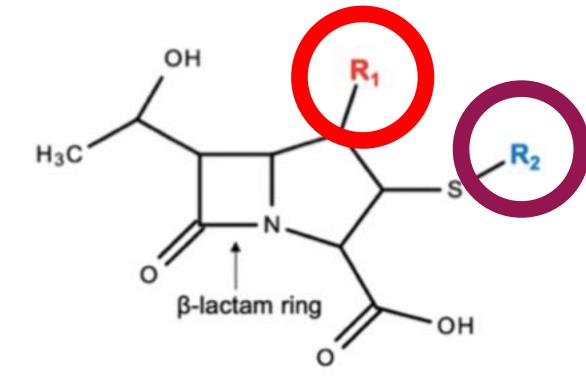
Sources:

Penicillins versus Cephalosporins

- Cephalosporins are well tolerated with a 1-3% of treated patients having a non-severe adverse reaction
- Side-chain similarity of cephalosporins and penicillins is a significant predictor of cross-sensitivity, but not guaranteed
- □ Varying studies place cross-reactivity 0 to 10.5% with more recent studies placing at ≤ 6% in patients with confirmed penicillin allergy

Penicillins versus Carbapenems





Penicillin Core Structure

Carbapenem Core Structure

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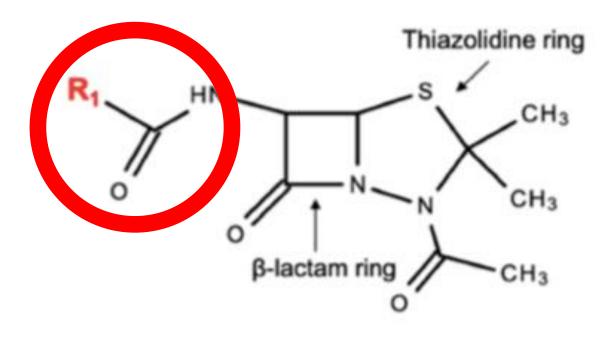
Source: Chaudhry SB, et al. Pharmacy(Basel). 2019;7(3):103

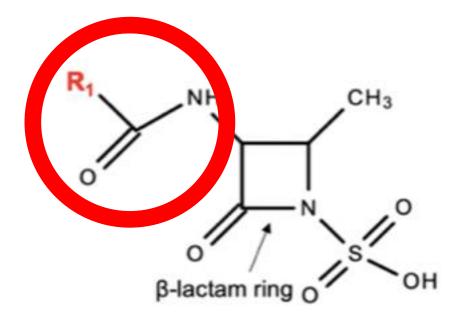
Penicillins / Cephalosporins versus Carbapenems

□ Incidence of hypersensitivities for carbapenems is ≤ 2.3%, mostly reported as rash, pruritus, and urticaria

- □ Cross-reactivity between penicillins and carbapenems is < 1%
- □ Comparing cephalosporins versus carbapenems, cross-reactivity is ≤ 2% as evaluated by Romano and collogues
 - Based on limited data

Comparison of Penicillin and Monobactam Structure





Penicillin Core Structure

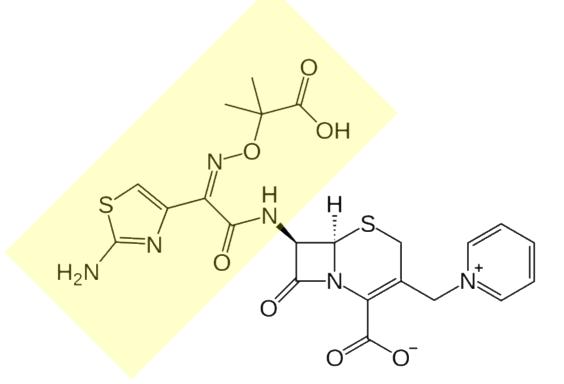
Monobactam Structure

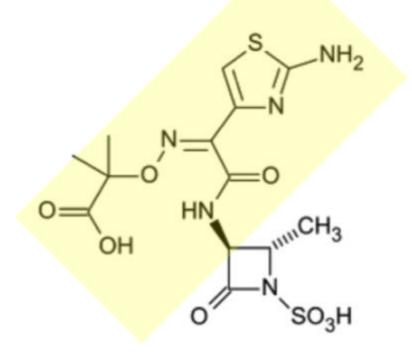
Source: Chaudhry SB, et al. Pharmacy(Basel). 2019;7(3):103

Penicillin / Cephalosporins versus Monobactams

- □ General immunologic reactions to aztreonam are approximately 2.1%
- Cross-reactivity between penicillins and monobactams is almost 0%
- Cephalosporins generally have low rates of cross-reactivity
 - Romano et al. showed a > 95% tolerance to aztreonam in those allergic to cephalosporin
 - Ceftazidime is an exception and shows cross-reactivity with aztreonam due to a shared side chain

Ceftazidime and Aztreonam Cross-Reactivity

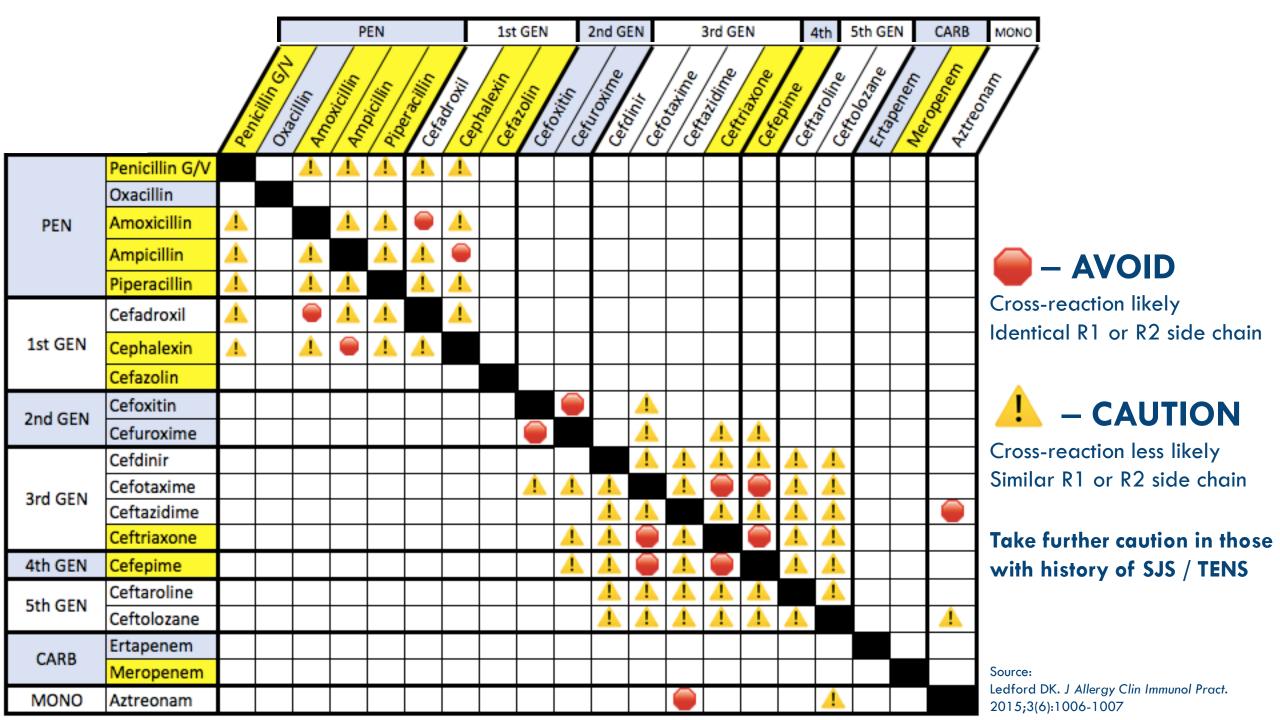


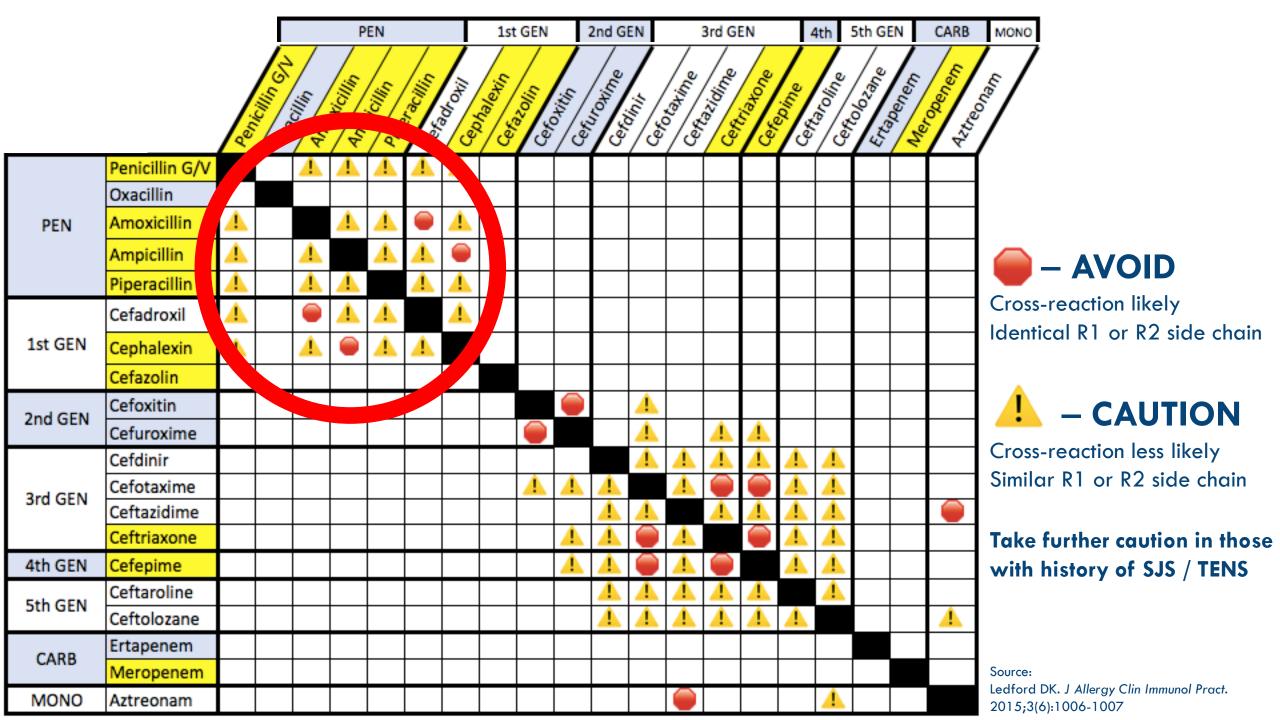


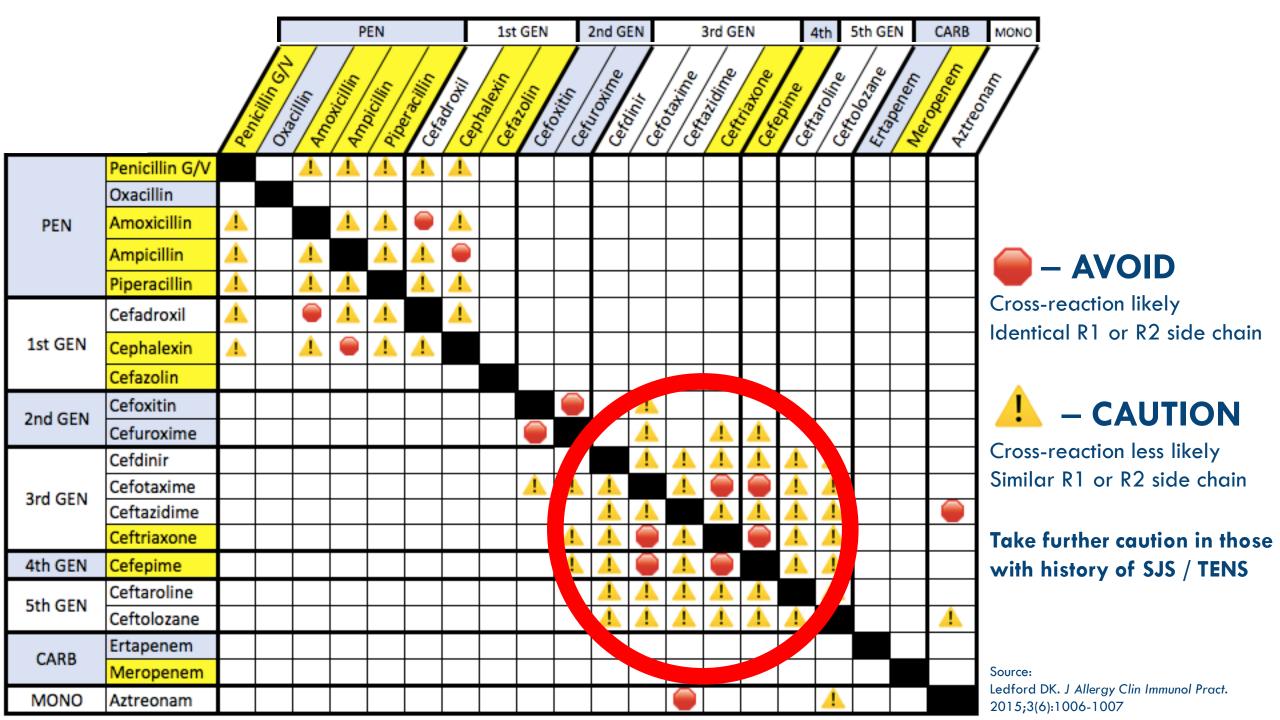
Ceftazidime's Structure

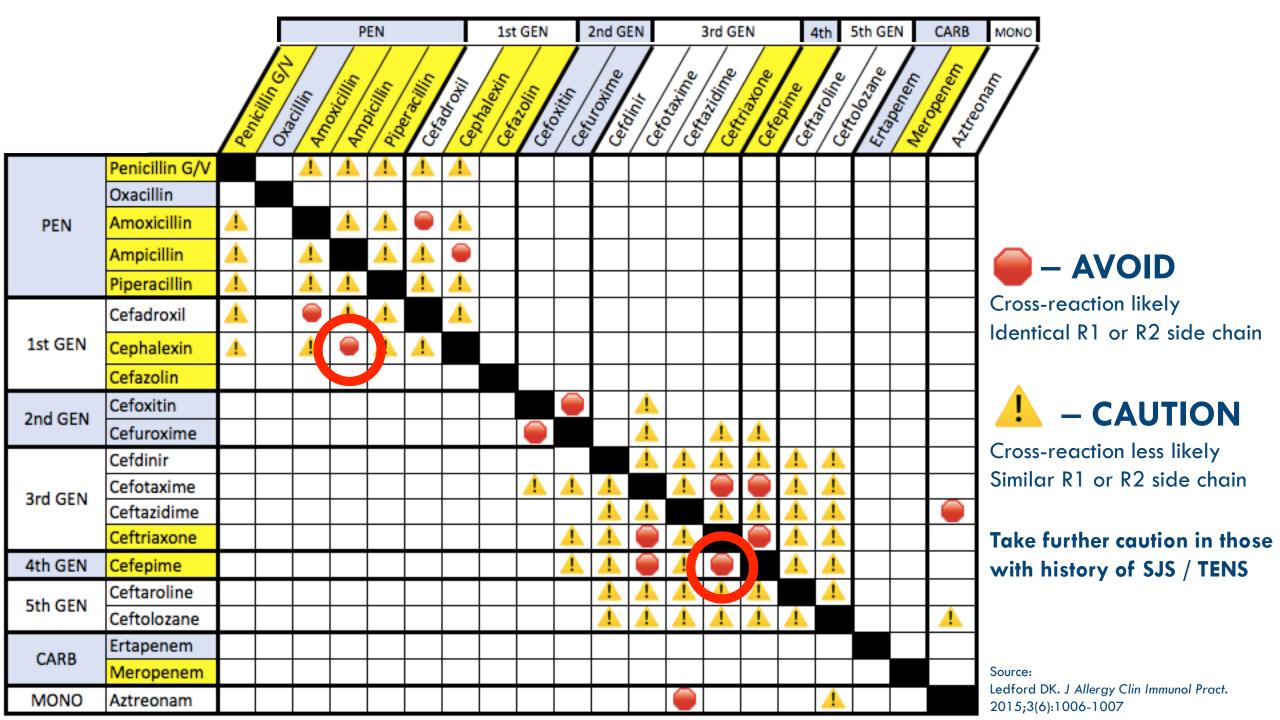
Aztreonam's Structure

Source: Terico AT, et al. J Pham Pract. 2014;27(6):530-544









Relevance of Drug Allergies in Antibiotic Use

Inaccurate antimicrobial labelling contributes to inappropriate antibiotic selection

□ Effect on patients

Higher rate of adverse events in those with a documented beta-lactam allergy

Effect on health-care associated infections and resistance
 Increased incidence of *C difficile* infection, MRSA and VRE in those with a penicillin allergy

Health care use and serious infection prevalence associated with penicillin "allergy" in hospitalized patients: A cohort study

Study Design

Retrospective, matched cohort (n = 51,582)

□ Purpose

Determine total hospital days, antibiotic exposure, and the prevalence rates of C difficile, MRSA, and VRE

□ Comparison

□ Patients with and without penicillin "allergy" at hospital admission

Health care use and serious infection prevalence associated with penicillin "allergy" in hospitalized patients: A cohort study

□ Results

- Cases with a penicillin allergy had 14% more MRSA, 30% more VRE and 23.1% more C difficile infection than control subjects
- Higher rates of exposure to fluoroquinolones, clindamycin and vancomycin

□ Conclusion

Potential improvement in clinical outcomes and cost savings may result by performing penicillin allergy testing Of the beta-lactam antibiotic classes, which has the highest rate of reported drug allergies?

- A. Cephalosporin
- B. Monobactam
- c. Penicillin
- D. Carbapenem
- E. Beta-lactamase inhibitors

Of the beta-lactam antibiotic classes, which has the highest rate of reported drug allergies?

- A. Cephalosporin
- B. Monobactam
- c. Penicillin
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Sulfa Allergies

May result in various manifestations

Maculopapular eruption is the most common reaction but can develop into blistering and mucosal involvements

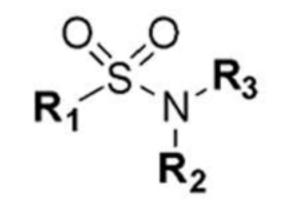
Incidence of approximately 3-8% in the general population

As high as 30% in those with HIV

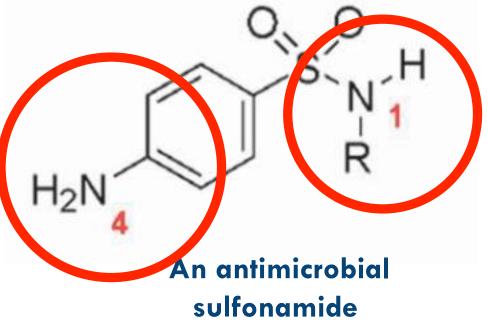
Sulfonamide Antibiotics

Components of sulfonamide antibiotics determine hypersensitivity

- N1 heterocyclic ring
- N4 aryl amine
 - Believed to be the primary determinant of allergy
 - Non-antimicrobial sulfonamides lack N4 with an exception of specific antiretroviral agents



Sulfonamide functional group



Agents Associated with Sulfa Allergy

Antimicrobial Sulfonamide Agents

Carry a <u>High Risk</u> of cross-reactivity

- Sulfacetamide
- Sulfadiazine
- Sulfamethoxazole (as a component of Bactrim)
- Sulfanilamide
- Sulfasalazine



Agents Associated with Sulfa Allergy

Non-antimicrobial Sulfonamide Agents

Carry a Low Risk of cross-reactivity*

- COX-2 Inhibitors
- Sulfonylureas
- Thiazide diuretics
- Loop diuretics (except ethacrynic acid)
- Carbonic anhydrase inhibitors (CAIs)
- Triptans

Sources:

• Miscellaneous (metolazone, tamsulosin, zonisamide)

* Those with a true sulfonamide allergy may be at risk for multiple drug allergy syndrome despite low risk of cross-reactivity



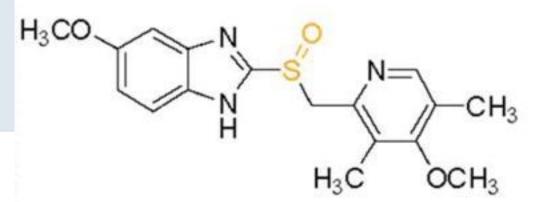
Brackett CC, et al. Pharmacotherapy. 2004;24(7):856-70 Giles A, et al. Pharmacy (Basel). 2019;7(3):132

Agents Associated with Sulfa Allergy

Sulfur-containing Agent, but non-sulfonamide Carry <u>NO Risk</u> of cross-reactivity

- Amoxicillin
- Clopidogrel
- Captopril
- Omeprazole
- Ranitidine
- Spironolactone
- Sulindac

Omeprazole



Sources: Brackett CC, et al. Pharmacotherapy. 2004;24(7):856-70 Giles A, et al. Pharmacy (Basel). 2019;7(3):132

Sulfonamide Cross-Reactivity

 Agents may *lack* a sulfonamide moiety but contain an aryl amine group resembling the N4 group

 Drugs containing an aryl amine group may carry a warning for sulfonamide antibiotic cross-reactivity

Benzocaine, dapsone, amprenavir, acebutolol, procainamide



Sulfonamide Cross-Reactivity

 Allergy to sulfonamide antibiotics alone may be a risk factor for a subsequent allergic reaction to sulfonamide non-antibiotics

A penicillin allergy is an equal predisposing risk factor based on prior research

Non-antimicrobial sulfonamides do not necessarily need to be avoided in those sensitive to sulfonamide antibiotics

NSAIDs AND ASPIRIN

NSAIDs and Their Effect on COX-1/COX-2

□ Full COX-1/COX-2 inhibition

- Aspirin
- Ibuprofen
- Ketorolac
- Naproxen
- Indomethacin
- Diclofenac

 Primary COX-2 inhibitor with little COX-1
 Celecoxib Preferential COX-2 inhibition with partial COX-1
 Etodolac
 Meloxicam

Weak COX-2/COX-1 inhibitors
 Acetaminophen
 Mesalamine
 Sulfasalazine

NSAIDs

□ Cyclooxygenase-1 (COX-1)

Primarily responsible for the production of mediators that activate platelets and protect stomach lining, but also promote production of inflammatory mediators

Cyclooxygenase-2 (COX-2)

Responsible for the production of inflammatory mediators

NSAIDs and Pseudo-Allergies

 Majority of NSAID hypersensitivity reactions are nonimmunologically mediated and may be considered 'pseudo-allergies'

- Cross-reactive between structurally differing NSAIDs due to changes in the arachidonic acid metabolism
 - Cross-reactivities are expected

NSAIDs and Pseudo-Allergies

Patients presenting with urticaria and/or angioedema
 NSAID-exacerbated cutaneous disease (NECD)
 NSAIDs-induced urticaria/angioedema (NIUA)

Patients with respiratory symptoms (bronchial asthma, rhinorrhea)
 Aspirin or NSAID-exacerbated respiratory disease (AERD or N-ERD)

Aspirin-Exacerbated Respiratory Disease (AERD)

Triad of Symptoms

- Asthma
- Sinus disease with recurrent nasal polyps
- Sensitivity to aspirin and other NSAIDs

Experienced by approximately 9% of all adults and 30% of patients with asthma and nasal polyps

Aspirin-Exacerbated Respiratory Disease (AERD)

Management

- Avoidance
- If symptoms continue
 - Acetaminophen 500 mg PO Q6h PRN
- Leukotriene receptor antagonist
 - Montelukast
- Inhaled corticosteroids for asthma symptoms

NSAIDs and True Allergies

Single NSAID-induced delayed reactions (SNIDR)

T-cell mediated type IV allergy with a delayed onset and may present as mild maculopapular eruption to severe SJS / TEN Single-NSAID-induced urticarial/angioedema or anaphylaxis (SNIUAA)

 IgE-mediated type I allergy presenting as a hypersensitivity to a single agent or single group with similar structure

Tolerance with Acute, Cross-Reactive NSAID Hypersensitivity

Frequently cross-reactive NSAID (60-100%)

- Aspirin
- Ibuprofen
- Indomethacin
- Naproxen
- Diclofenac
- Ketorolac
- Other less frequently used NSAIDs

Rarely cross-reactive NSAID (2-10%)

- Acetaminophen
- Meloxicam

Generally tolerated NSAID

(not tolerated only in isolated cases)

- Celecoxib
- Newer COX-2 inhibitors not approved in USA

Wedi B. Allergo J Int. 2017;26:204–211 Modena B, et al. Immunol Allergy Clin Am. 2017;37:727-749 Kowalski ML, et al. Allergy. 2011;66:818-29 Which agent is the least cross-reactive in those with an NSAID hypersensitivity to ketorolac?

- A. Naproxen
- B. Ibuprofen
- c. Acetaminophen
- D. Celecoxib

Which agent is the least cross-reactive in those with an NSAID hypersensitivity to ketorolac?

- A. Naproxen
- B. Ibuprofen
- c. Acetaminophen
- D. Celecoxib

EVALUATION, PREVENTIONS AND MANAGEMENT OF AN ALLERGIC REACTION

Prevention of Drug Allergy

Proper history taking and skin testing if possible

Oral route may be preferred to other routes

In patients who are allergy prone/multiple drug allergies, avoid drugs known for causing allergic reactions due to multiple drug allergy syndrome

Source: Choosing Wisely. American Academy of Asthma, Allergy and Immunology. 2012

Evaluation of Drug Allergy

- Manifestation of the hypersensitivity
- Prior allergic history
- □ Route of administration
- Severity of the hypersensitivity
- □ Temporal relation
- Response to treatment

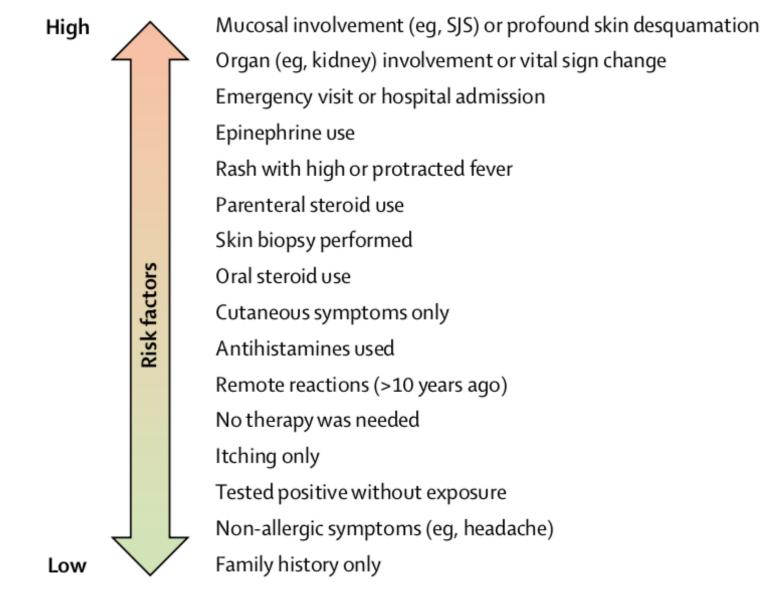
DF is 44 YO M with a prior documented allergy to a beta-lactam, specifically cefazolin, presenting as mild hives during childhood. Physician consults you for a recommendation in choosing an alternative beta-lactam agent.

- A. Cefepime
- B. Cefoxitin
- c. Nafcillin
- D. Avoid beta-lactam class
- E. A, B and C

DF is 44 YO M with a prior documented allergy to a beta-lactam, specifically cefazolin, presenting as mild hives during childhood. Physician consults you for a recommendation in choosing an alternative beta-lactam agent.

- A. Cefepime
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Evaluation of Drug Allergy



Management of Drug Allergy

□ Pre-Medication

□ Test Dosing

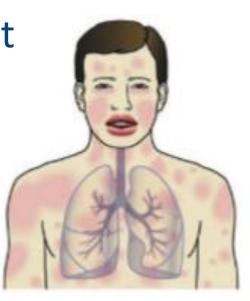
Desensitization

Management of Acute Systemic Reaction

Assess circulation, airway and breathing

Inject epinephrine 0.01 mg/kg IM (MAX 0.5 mg adult or 0.3 mg child)

- □ As necessary
 - May initiate high-flow oxygenation support at 6-10 L/minute
 - Administer 1-2 L of 0.9% normal saline (5-10 mL/kg in the first 5-10 minutes)



Patient PK is describing their previous drug allergy. PK experienced it after a course of amoxicillin with an upset stomach and frequent diarrhea, headache and nausea. Patient has a history of sulfa allergy to sulfasalazine. Is the patient experiencing an intolerance or true allergy?

- A. Intolerance
- B. True Allergy
- c. Need more information

Patient PK is describing their previous drug allergy. PK experienced it after a course of amoxicillin with an upset stomach and frequent diarrhea, headache and nausea. Patient has a history of sulfa allergy to sulfasalazine. Is the patient experiencing an intolerance or true allergy?

A. Intolerance

- B. True Allergy
- c. Need more information

Patient Case

- MB is 58 YO male with past medical history of HTN, HLD, T2DM, and HF.
- □ Allergy: sulfadiazine rash
- Current medication list
 - Lisinopril 10 mg PO daily
 - Metformin 1 g PO BID
 - Glipizide 5 mg PO daily
 - Carvedilol 12.5 mg PO BID

Patient has the following new orders. Which of the following orders are you comfortable with?

- A. Trimethoprim/sulfamethoxazole 1 SS PO BID
- B. Furosemide 20 mg PO daily
- c. Omeprazole 20 mg PO daily
- D. None of the above
- E. B and C

Patient has the following new orders. Which of the following orders are you comfortable with?

- A. Trimethoprim/sulfamethoxazole 1 SS PO BID
- B. Furosemide 20 mg PO daily
- c. Omeprazole 20 mg PO daily
- D. None of the above
- E. B and C

Patient Case

 JG is 62 YO female presenting to the ED with pain 9/10. Patient was ordered morphine 4 mg IV push. Pain was relieved, but a rash appeared on her face with some flushing. Patient is not complaining of any other symptoms or shortness of breath.

□ Is this patient experiencing a drug allergy?



Key Points

Proper assessment needs to be done to verify the validity of a presenting allergic reaction

- Cross-reactivities between beta-lactam antibiotics are associated with side-chain similarity
- Sulfa allergies depend on the sulfonamide moiety and crossreactivity between antibiotic and non-antibiotic sulfas are low
- NSAIDs and aspirins have a risk of cross-sensitivity, but a careful assessment is required to assess whether it is a true allergy or pseudoallergy

- Gruchalla RS, Pirmohamed M. Clinical practice. Antibiotic allergy. *N Engl J Med*. 2006;354:601-9
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THANK YOU!

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